

## SHENANDOAH VALLEY QUILTERS GUILD NEWSLETTER

### President's Message

Soon these messages will be written by the next president of SVQG, Sandie Hammel! Thanks to everyone who has stepped up to lead the guild next year; and to everyone who has helped with leadership this past year.

It has been a fun year although I must admit that I am looking forward to extra time to complete some projects that I have been postponing. And even more, I am looking forward to being able to come to a meeting with only one tote bag instead of my usual four!

But first, we need to celebrate with our apron themed picnic and new officer installation in August. It will be fun to remember those aprons that our mother's and grandmother's always wore! I was recently cleaning out a closet and found some of my mother's aprons. The ones with the most wear were those that she made herself often out of a repurposed garment or leftovers from a project. One in particular has very oddly shaped pockets. They were the curved scrap left over from a garment made from the same fabric. There were a few fancier store bought aprons that weren't worn much. I guess she was "saving those for good". Don't forget to join in the fun at Oakdale Park in Bridgewater on August 20<sup>th</sup>! Hope to see you all there!

Nina Jackson, Guild President

A big thanks to the guild for the spa gift certificates. We can't wait to use them! We also want to thank you for having confidence in us to run the quilt show. We had a few bumps but it came together in the end. No matter what you do, you can always look back and say - "I wish I had done this different" but that is how we grow - we learn from past experiences - what works and what doesn't. Together we made a great show!

Denise & Lori

### CALENDAR

August 20<sup>th</sup> Guild Meeting  
Annual Picnic &  
Dish to-Pass  
Oakdale Park  
"Apron Daze"

September 17<sup>th</sup> Guild Mtg  
Service  
Comfort Pillows & Totes

### August Birthdays

Pauline Messier	1 <sup>st</sup>
Ginny Biggs	2 <sup>nd</sup>
Mariann Simmons	2 <sup>nd</sup>
Patricia Albaugh	7 <sup>th</sup>
Betty Durrett	15 <sup>th</sup>
Suzanne Just	17 <sup>th</sup>
Lenore Mitchell	25 <sup>th</sup>
Mary Daigle	28 <sup>th</sup>
Mary Carlton	29 <sup>th</sup>
Marie Nofs	29 <sup>th</sup>

## Secretary Minutes from July 16, 2016 General Meeting

Nina Jackson, Guild President, called the meeting to order.  
There are four visitors today.

A motion was made by Bev London to accept the minutes as written in the newsletter and seconded by Lori Schrock. A favorable vote was taken.

Treasurer: Carol Foster is not at the meeting today. The rent for the use of Turner Ashby for the quilt show is still being negotiated so final figures for the quilt show are not available.

Programs: Today's speaker is Rachael Brown from Rachael's Quilt Patch. She will be talking about how she uses scrap fabric in quilts and will be talking about making post cards.  
The August meeting is the guild picnic. September's meeting will be service.

Sandie Hammel and Kathy Christie are in charge of the August picnic. Fried chicken will be provided and members are asked to bring covered dishes to share.  
The theme for the picnic is Apron Daze and everyone is invited to wear an apron. Categories for an apron contest will be published in the newsletter.

Service: Denise has Samantha doll's that need quilts and there are several hospice quilts that need binding. In September we will be working on service projects. Comfort pillows and totes will be worked on then. The directions for the totes and pillows are on the web site. Fabric donations are welcome.

Denise read a thank you note from the Sentara hospice for the quilt donations last month.

Newsletter articles are due July 22nd.

Sunshine: Six birthday cards were sent this month.

Ways and Means: There is a raffle today. Cerise has quilt show CDs for sale today.  
P.H.D. Project #2 is due today and # 1 is due in September.

The Traveling Basket went home with Diane Baker today.

Nina presented Denise Rudolph and Lori Abbott-Herrick thank you gifts from the guild for the wonderful jobs they did organizing the quilt show.

A ticket was drawn for the winner of the 2016 raffle quilt and the winner was Linda Loudon from Baltimore Maryland.

Respectfully submitted by Ann VanNoy, secretary.

## Programs

Rachel Brown, from Rachel's Quilt Patch in Staunton regaled us with simple, straightforward ways to sort and organize scraps. Rachel has standard sizes and shapes that she cuts her scraps into. Then she sorts them by theme, color or projects. She had many beautiful runners, throws and table mats made from scraps to share as well as an in progress quilt that uses teeny, tiny scraps of the scraps. For scraps that don't fit anywhere else Rachel showed us how to use them in postcards. Several members stayed to make some fun and adorable postcards that were quick and easy to make.

Rachel gave us tips on helpful tools such Deb Tucker's wing trimmer. Rachel also stressed the importance of preserving special quilts. Rachel's Quilt Patch has a spray on preservative process that will protect your finished works of art from fading and to help them resist staining.

In August we will have our annual picnic at Oakdale Park in Bridgewater. The large pavilion has been reserved for us. The guild will provide, drinks, tableware and fried chicken. Members should bring sides and/or deserts. Sandie Hammel and her crew are providing adorable decorations, an apron contest and other fun things.

## Service

Rachel's lecture was great on how to use the scraps to make quilts. I have been working on string quilts but I got those tiny pieces and have been sewing them together to make the small squares. Josephine has shown us many quilts made by her beginners and enders. Your scrapes would make some great Hospice quilts!!!

We had a good run in August 2015 to July 2016 and have given 160 quilts to Hospice this year!!! At the July meeting I was given some completed quilts and several quilts to put on my long arm!!! Our next collection will be in November so that we can get them to Hospice for December distribution.

September will be our service meeting so I have extended an invitation to Sentara and Augusta Health to come and speak about the breast cancer pillows and totes. We will spend the afternoon working on the pillows and totes. The tote bag requires 2 pieces of main fabric 10.5"x13.5" and 2 pieces of lining fabric at 10.5"x13.5". The handle would be the main fabric and this is cut 2.5" wide from selvedge to selvedge. The pillow is 1 piece each of cotton fabric and flannel cut at 8.5"x11.5" and 2 pieces of thin batting at the same size. I challenged you at the July meeting to bring fabrics that bring a smile to your face. These pillow/totes are to bring comfort and so they should also bring a smile. I picked out the cats with the pink flowers. It brought a smile to me when I say the fabric and I wish to share they feeling.

Sewing Up Scraps!  
Denise Rudolph, Service Chair

Shenandoah Valley Quilters Guild 2016-2017 "PhD Program"

Your Name: \_\_\_\_\_  
Email Address: \_\_\_\_\_  
Day Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

Beginning in September, join us at the "Shenandoah Valley Quilters Guild Institute of Higher Education". That's right--we are taking our UFOs to the next level. Guild members will be working on our PhDs during the 2016-2017 year--"Projects half Done", that is! Using the attached PhD Sign Up Sheet, list any 6 (more or less) projects that you want to complete in the coming 12 months. Just list SIX (more or less\*) Projects half Done that you want to complete in the next 12 months, in no particular order. That's 1 project every other month. (\*If you have a particularly large and/or difficult UFO and don't think you can complete it within 2 months, you may list it twice or three times: first as "Complete XYZ blocks", second as "Complete XYZ quilt top", and third as "Quilt and bind XYZ quilt".)

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

To start the new program, I'll need your list of 6 (more or less) projects, as well as 2 fabulous fat quarters to begin building the "Mountain of Fat Quarters" prize. Email, mail or bring your lists and fat quarters to me by the September guild meeting. At our September meeting, we're going to draw a number (1-6, according to the project list you give me), and that will be the project we'll be challenged to complete by our November meeting. That gives us two months to complete the selected PhD! A prize ticket will be put in a can for each participant, just for joining the PhD Program!

Bring your first completed project to the November meeting for Show & Tell. If you complete your project but can't be at that meeting, email a picture to me before the meeting, or have a friend bring it, so you'll get credit. For each listed project you complete on time, your name will be entered to win the "Mountain of Fat Quarters" at the end of the year's program!

IF, by the end of the two-month periods you do not have your listed PhD completed, you owe the "Mountain of Fat Quarters" another fabulous fat quarter. By the way, these fat quarters should be ones you'd be happy to get back if/when you win the grand prize!!! (We know how quilters hate to part with fabric they love!)

In November, we'll pull another number – that PhD will be due in January. In January we'll pull a number for another PhD due in March; in March we'll pull a number for May, etc., wrapping the challenge up at the September 2017 meeting with the drawing for the whole "Mountain of Fat Quarters" prize.

Send any questions and/or your list via email: [readsewmuch@gmail.com](mailto:readsewmuch@gmail.com), or snail mail: Cerise Haas, 333 W Prospect Ave, Elkton VA 22827, or just bring the list and 2 fabulous fat quarters to Guild--no later than the September meeting to get in on the whole year's worth of fun!

Please join us, on August 20<sup>th</sup> at Oakdale Park in Bridgewater, for our annual August Picnic!

This is a covered dish with the Guild providing fried chicken. This year's theme will be "Apron Daze". There will be judging for the best in category. Categories are - "My Grandma's Apron" - "The Cutest Cocktail Apron" - "The Brightest and Wildest Apron" - "The Quilters Apron" - "The Modern Utility Apron". You may bring more than one apron and enter in as many of the categories as you wish. If you have aprons that you wish to display there will be a clothesline to hang those aprons. We will provide a table to lie out family photos of our grandmothers, aunts or moms wearing their aprons, bring these along with your apron stories. There will be "Show and Tell", good food, and lots of time to visit. Come join the fun on August 20<sup>th</sup>.



Directions to Oakdale Park (from the north)

From Interstate 81 take the Mt Crawford / Bridgewater exit, # 240. Turn right onto VA-257W and drive for 1.9 miles. Turn right onto State Route 700 / Mt Crawford Avenue. Turn left onto Parkside Drive. Turn right onto Will Lane. The park is on your right.

Directions to Oakdale Park (from the south)

From Interstate 81 take the Mt Crawford / Bridgewater exit, # 240. Turn left onto VA-257W and drive for 1.9 miles. Turn right onto State Route 700 / Mt Crawford Avenue. Turn left onto Parkside Drive. Turn right onto Will Lane. The park is on your right.

Linda Loudon, from Baltimore, was the winner of our raffle quilt. She was very excited to hear that she had won! She has bought raffle quilts for years and this is the first winner. Cerise Haas kindly delivered the quilt to Linda. Check out the VQM website to see a picture of Linda with the quilt.

Many thanks to Cerise for her amazing support of our raffle quilt.

### Comfort Pillow and Tote Bag Pattern

The pattern for this comfort cushion and tote bag was originally designed by members of the Shenandoah Valley Quilters Guild as a community service project. Cushions such as these are used by those who have had breast or underarm surgery. The cushion is placed between the arm and the torso to lessen direct pressure on the wound area. Machine wash and dry all fabric before sewing. Remove all selvages. Use  $\frac{1}{2}$ " seams, unless otherwise directed. Please read all of the instructions before constructing the cushion or bag.

#### Cushion:

Cut one piece cotton fabric to  $8\frac{1}{2}$ " x  $11\frac{1}{2}$ "

Cut two pieces cotton flannel to  $8\frac{1}{2}$ " x  $11\frac{1}{2}$ "

Cut two pieces thin batting or fleece to  $8\frac{1}{2}$ " x  $11\frac{1}{2}$ "

Stack the pieces in the following order:

Batting or fleece

Flannel, right side UP

Fabric, right side DOWN

Pin securely. Leaving a 3" opening for turning, sew around the pieces using a scant  $\frac{1}{2}$ " seam allowance. Lengthen your stitch to accommodate the bulk of the layers. Use a walking foot or even-feed system to help prevent layers from shifting.

Clip the corners and turn the cushion right side out. Stuff lightly with polyester filling. You want the cushion to be full, but not hard.

#### Tote Bag:

Cut one piece main fabric,  $2\frac{1}{2}$ " wide from selvedge to selvedge, for the handle.

Cut two pieces main fabric to  $10\frac{1}{2}$ " x  $13\frac{1}{2}$ "

Cut two pieces lining to  $10\frac{1}{2}$ " x  $13\frac{1}{2}$ "

To make handle: Fold the  $2\frac{1}{2}$ " strip right sides together lengthwise to make a long strip. Sew the ends together and press open. You should have a long loop of fabric.

Fold both edges in, wrong sides together, to meet in the center of the strip. Press. Turn the loop right side out and flatten it, bringing the folded-in sides together. You should have a loop  $1\frac{1}{4}$ " wide by approximately 18-20" long. Press.

Topstitch  $\frac{1}{8}$ " from each edge and one or two times down the center of the strip.

Place main fabric rectangles together and sew around three sides, leaving one short side open for the top of the bag. Repeat with lining fabric.

Fold top edge of each edge under about  $\frac{1}{2}$ ". Insert handle ends at each side seam between the main fabric and the lining.

Topstitch  $\frac{1}{8}$ " from edge around top of bag. Backstitch over each handle end to secure. Stitch around the top of the bag a second time,  $\frac{1}{2}$ " from the edge.



BEE News:

Quilting by the River - August 3rd from 9:30 to 3:00 at the Stonewall (Merck) Shelter on the Shenandoah River in Elkton. There will be a 5" Tumbler exchange - please bring sewing supplies for your sewing project, you may also want to bring an old sheet or plastic cover for the picnic tables that we will be using as our sewing tables as well as a cushion to soften the seat and or lawn chair. We ask that you group your tumblers to be exchanged in groups of 10 to make the exchange go a little faster. Ironing surface and cutting station will be provided. Also would love to see what new service quilt patterns everyone is working on. Come share, visit and enjoy a day of quilting fun.

Lunch will be covered dish with Sloppy Joe provided. This year we ask that you bring your favorite drinks. Plates, flat ware, solo cups, napkins, food tablecloths provided.

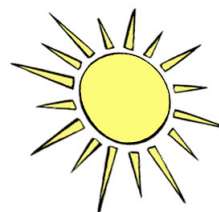
Directions: from Harrisonburg: Route 33 to Elkton exit,  
At light turn left at BB&T Bank (you will see McDonalds on your left) continue into Elkton  
After crossing railroad tracks make next left onto - Fifth Street (You may notice a sign to River Park 0.8 miles)  
Continue on this road crossing over minor railroad track (you will see Dead End sign, just keep going - Fifth Street turns into Fourth Street as you wind through a neighborhood of big older homes, go to Stop sign, keep to the left and continue to the end of road  
There is a shelter, lawn and parking by the river. Pull to side of hard surface to unload car before parking.

We hope to see all Service Bee members as well as any quilter interested in making a tumbler quilt. "See you all at the River", more info contact Sandie Hammel at [540-218-4026](tel:540-218-4026).

## SUNSHINE

Please contact me if you are aware of a guild member who has an illness, accident or loss and we will send a "Thinking of You" card and fabric block to show our support. You may reach me at [540-949-0872](tel:540-949-0872) or [dejbowsandskjquilts@hotmail.com](mailto:dejbowsandskjquilts@hotmail.com)

Thank you,  
Sue Iones



## August 2016

### Board Members:

President	Nina Jackson
President-Elect	Sandie Hammel
Secretary	Ann VanNoy
Treasurer	Carol Foster
Program Coor #1	Lori Schrock
Program Coor #2	Barbara Cline
Immed. Past President	Molly Toth

### Special Duties:

2016 Raffle Quilt	Jan Hood
Web Site Manager	Tom Jackson
2016 Quilt Show	Denise Rudolph & Lori Abbott-Herrick
PhD Program	Cerise Haas
SVQG/VQM Liaison	Josephine Millett

### Committee Chairpersons:

Service	Denise Rudolph
Library	Vicki Graham
Ways & Means	Cerise Haas
Membership	John Hammel
Sunshine	Sue Jones
Hospitality	Ofilia Seidell & Celia Mitchell
Publicity	Gail Oliver
Newsletter	Lori Abbott-Herrick

### TO JOIN THE SVQG

SEND \$20 annual dues and application to:  
SVQG Membership  
PO Box 913 Harrisonburg, VA 22803

**PLACE OF MEETING:** The Sunnyside Room, Sunnyside Presbyterian Retirement Community, Harrisonburg, VA.

**DATE OF MEETING:** Third Saturday of each month unless otherwise notified

**TIME OF MEETING:** 9:30 AM

**DIRECTIONS:** From I-81 take Exit 247 towards Elkton (Route 33 East). Turn right on Route 687, Massanetta Springs Road. Proceed south for 0.8 miles and turn left on to Sunnyside Drive. Proceed straight and turn right on Glenside Drive. Turn right at the first parking lot and the Sunnyside Room is on your right. **PARKING** is available in front and below the building and on the street. **Please do not park in the numbered spaces.**

SHENANDOAH VALLEY QUILTER'S GUILD

PO BOX 913  
HARRISONBURG, VA 22803