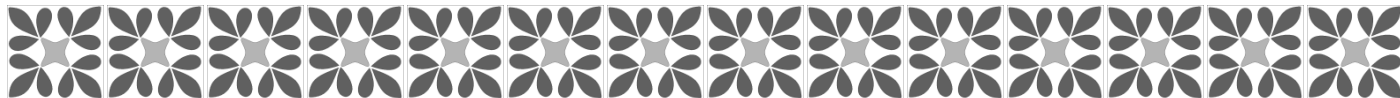


# Valley Quilt Notes

SHENANDOAH VALLEY QUILTERS GUILD  
NQA Chapter 383, VA 20, Website: [www.svqg.org](http://www.svqg.org)

Vol. 24 No. 7

October 2010



## NOTES FROM THE PRESIDENT

October's bright skies and orange leaves, warm days and cool nights, what wonderful combinations. October causes swirls of ideas to float through my head to be jotted down on paper. October comes to a halt with the knocking on the door of cute kids dressed in costume holding out bags, plastic pumpkin heads, or pillowcases to be filled with candy. What happened to the words "Trick or Treat"?

We are a lucky guild to have the resources to provide our members with the opportunity to attend local workshops at a reasonable cost. If you were among the lucky few to hear the instruction and hints that Gail Auen taught in our September workshop, you have just opened up a whole new world of combining computers and fabric to create one of a kind blocks for your next quilt. During our meeting Gail shared lots of good websites and tools to keep us connected to the computer for hours on end. Quilt collage is at our fingertips; we just need to spend some time searching and using the web to increase our knowledge. Plan to attend our upcoming workshops on October 15<sup>th</sup> and 16<sup>th</sup> with Augusta Cole from Richmond, Virginia. Please support your SVQG workshops.

We are just starting the SVQG 2010-2011 year. Thank you to our new Board Members and Committee Chairs working to make SVQG the best that it can be. A new addition to our regular meetings is an added 5 minutes to our break for a little more time to talk to our fellow quilters and get refreshments. You may notice slight changes in the agenda order, it is all still there, just rearranged a little.

October is Breast Cancer awareness month. Your support is needed for the "Comfort Pillow Drive" by completing a kit(s) and returning the finished pillow/tote to the next meeting. This year there is a request for 350 pillow/totes (more than ever before). When you hear how grateful those who have received the pillows are you will want to jump on the bandwagon and have your sewing machines humming. Sue asked us all to wear PINK to our October meeting in support of the cure.

Your President  
Sandie Hammel



## PROGRAMS

AUGUSTA COLE is coming!! Our October workshops and lecture will be in the Sunnyside Room. Friday, the 15<sup>th</sup>, we'll be making Curved Log Cabins, Saturday, the 16<sup>th</sup>, Augusta will entertain and educate us with her lecture, "Tricks, Tips, and Techniques" and share some of her quilts following the morning business meeting. The Saturday afternoon workshop, "Snappy Scrappy Fat Quarters", will follow the general session. The supply lists and registration forms are in the September newsletter and we'll bring packed lunches this time. Augusta is not only an accomplished quilter, but a helpful and

motivational teacher and an entertaining speaker. She makes quilting seem like a sport and not just a sewing project. Join us and I know you will enjoy the day.

November seems far in the distance of winter, but we are planning for our programs now. Our November 20th speaker in the morning following our business meeting will be Judith Shuey, Director of the Virginia Quilt Museum in Harrisonburg. Along with the update of the Museum program she will bring some of the Museum's quilt collection to show us. Having the Museum so close to us is wonderful and we are proud of our members who volunteer so faithfully there to help make it a success.

The November afternoon program will be a grand time to sit-and-sew with our fellow guild members and assist Sue Jones in pushing that column of success up towards her goal of 350 comfort pillows and totes. **But wait**---it will not all be sewing, we will be cutting and packaging kits for the future too, so if you would rather not tote your sewing machine, we will love to have your helping hands in other tasks that move us toward our goal.

The Spools Challenge is off and running. Remember that our goal is to measure how much we are working on our sewing projects since starting in July. Handing in a spool that you used up while sewing on projects measures how much you sewed that month. Now that I am saving spools too it seems forever to use up one spool but I've found if I pick a thread spool that is nearly empty I can count it quicker. That's not cheating as long as you use it up while sewing. The mystery will be solved in March!!

We have a lot to look forward to as we get out our sweaters and coats for the winter. The program list is posted on the bulletin board to help in your planning. I hope this will be useful to you so you can join us in future programs. Enjoying friendships through guild activities is an additional reward for getting involved in guild programs.

Fran Miller



## SHENANDOAH VALLEY QUILTERS GUILD Minutes - September 18, 2010

President Sandie Hammel called the meeting to order and welcomed everyone including 1 new visitor from Covington. The minutes of the July meeting were approved as printed in the newsletter. Cerise Haas gave the treasurer's report for August.

**PROGRAM:** Fran Miller suggested that we participate more in the workshops and take advantage of all these wonderful teachers that the Guild gets for us. She announced that today's workshop with Gail Auen was full, which is great. Next month's teacher will be Augusta Cole and the classes will be limited to 20. The information about her class was in the Sept. Newsletter. So let's all sign up.

She also brought up the Spool Challenge and the size of the Spool we need to bring in. For every spool brought in you can receive a small spool block or a chance for a mystery drawing in March. This challenge is to show us how much quilting we're getting done.

Fran also announced that the Eager BEEvers donated 26 quilts to the "Wrap A Smile" organization which she delivered while in Maine. She brought back a notebook telling all about them.

**COMFORT PILLOWS** – Sue Jones thanked everyone for all the pillows & totes that had been donated. She announced that our projected need this year will begin with 350 and there are kits on the back table. As a reminder, next month is National Breast Cancer Month and she would like us all to wear PINK.

**HOSPITALITY** – Pauline apologized for the broken coffee pot, but said there was some decaf back there. The food was a little scarce

today, so please remember you are to bring in goodies the month of your birthday.

**MEMBERSHIP** – John Hammel ask if there is a change in your address, phone number or e-mail to please let him know. He also announced that he needs someone to volunteer to step in when he can't be here and to help during membership drive. We want to thank Jane Crocket who volunteered to help John in this endeavor.

**QUILT SHOW 2012** – Sally Jones is putting a short survey in the next newsletter to solicit input from the Guild at large.

**SERVICE** - Fran Miller announced that we are joining Service & the Comfort Totes as our Service projects in the Guild this year. In Nov., we'll be doing pillows & totes and in May, we will be making quilts for Wrap A Smile. The Wrap A Smile founder, Terry Hodskins, will be our speaker in May.

**SUNSHINE:** Carolyn Shank asked if anyone knows of a member in need, please let her know so that she can send out a TOY Block to them.

**WAYS and MEANS** – Denise Rudolph has cookbooks, totes and CDs for sale. She had some wonderful doorprizes and a raffle for our Guild members today.

**WEB MASTER** – Roberta Patterson asked for a Bee List for our Web Site. She has re-organized the site, it's the same but different. Check it out.

**HISTORIAN** – Roberta Patterson announced she is working on the Guild's Scrapbooks. If there is anyone out there, who likes to scrapbook, she sure would love your help. It was suggested we put our Website address in the advertizing of the Guild.

**NQA** - Information was on the Bullentin Board

**SVQG** – Sandie announced that Josephine Millett has been nominated to serve on the VQM Board of Directors. The election will be held Sept. 25th at 10am at the museum. She asked for support for Josephine from the SVQG members who are members of the VQM .

**ANNOUNCEMENT:** In the Sept. 16th edition of the Daily News Record, there was a wonderful article on SVQG member Barbara Cline, featuring her first book, Star Struck Quilts. Barbara will be our instructor in March.

**SECRET PAL** – Pam Nixon did a wonderful job organizing all this fun and we got to meet our secret pals today.

**LIBRARY** – Kathy Christy announced that she's headed for the Houston Quilt Show and if there is a title or book you would like in the Guild's library let her know. She's planning on ordering at least 40 books.

**ROUND ROBIN** – Mary's out of town, so Sandie reminded us to work on them and bring them to the Oct. meeting for the next exchange.

**SHOW and TELL** was enjoyed by all. Another great show quilters.

After a 15 minute break, Fran introduced our Guest Speaker, Gail Auen. Gail was very informative about the use of computers in our quilting and I know that everyone who attended her workshop learned a lot and had a great time. The meeting was adjourned.

Submitted by Barbara Linzey  
for Sec. Norma Harris



## MEMBERSHIP

We would like to welcome the following new member to The Guild:

Janet Dixon

John Hammel

## Found on Bonnie Hunter's website:

Do you find yourself buying fabric with bill money? Ever find yourself lying awake at night plotting how to get your new fabric from the trunk of your car and into your stash without being spotted? Do visitors to your home suggest that you may have been infested with "string and lint"? Have the kids or hubby

mandated... "It's us or the fabric"? Did you suggest that they all enjoy their new home? Well, we have a solution for you right here!

### The 12 Steps of Fabric Synonomous

1. We admitted we were powerless over the impulse to collect fabrics - that our shelves, drawers, cupboards, attics, and homes had become unmanageable.
2. Came to believe that only "one more" fabric could restore us to sanity and in turn became a LQS and Internet Power Shopper.
3. Made a decision to turn the upkeep of our fabric over to the care of The Big Fabric Maker In The Sky\* as we understood Her/Him.
4. Made a searching and fearless inventory of our fabric collections.
5. Admitted to TBFMITS\*, to ourselves, and to another fabric lover the exact number of our fabrics. (See # 10).
6. Were entirely ready to send duplicate quilting items to friends.
7. Humbly asked TBFMITS\* to remove our misgivings about obsessive fabric collecting and to give us peace as to whether or not it is possible to be a fabric glutton.
8. Made a list of all fabrics and fabric lovers we had harmed, and became willing to mend them all.
9. Made direct mendings to such fabrics and lovers wherever possible, except when to do so would injure them or others.
10. Continued to take fabric inventory and send photos to other quilting friends.
11. Sought through prayer and meditation to improve our conscious awareness of who had the best fabrics for the best price, praying only for the money to buy them with and the arm strength to carry them out of the store.

12. Having had a spiritual awakening as the result of these steps, we tried to fly this message to other fabriholics and to practice these principles in all fabric dealings.

New fabriholics are not asked to accept or follow these Twelve Steps in their entirety if they feel unwilling or unable to do so.

They will usually be asked to keep an open heart, to attend meetings at which recovering fabriholics share their personal experiences in the delicious cycle of: see fabric, buy 2-20 yards of said fabric, add some of those yards to personal collection, cut predetermined amounts into strips, squares, or FQs, maniacally search for shipping supplies, race to the post office, ship fabric to friends and Swap Hostesses, return home, view fabric collection while humming, receive shipment from other online quilt group members, squeal with sheer delight as each new fabric is unwrapped, add selected "newbies" to personal collection, manically search for shipping supplies, race to the post office, ship fabric duplicates to friends...on and on it goes. Also discussed are pertinent topics such as, "Money, It's Not Just For Bills Anymore", "Oh No! I Bought More Fabric Than I Used This Week!", and "How to Spot an Imitation Batik".

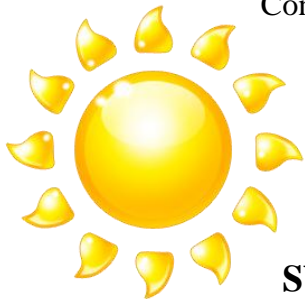
It is our sincere wish to help other fabriholics realize that even though we are in a world that can be at times both cold and harsh, we are not alone. It is also recommended that new collectors read any and all information explaining fabrics and our fascination with them. There are many wonderful websites available! Members will usually emphasize to new fabriholics that only problem fabric lovers, themselves, individually, can determine whether or not they are in fact fabriholics.

At the same time, it will be pointed out that all available non-medical testimony indicates that fabriholism is a progressive thrill, that it should not be cured in the any sense of the term, but that it can be appeased by maintaining a calm and steady influx of fabric and quilting items into ones home (as opposed to major buying frenzies that tend to result in lower energy levels

and slower fabric grabbing reflexes).

Our Prayer: God...thank you for the fabric I already have, the money to buy all of the fabrics I see, and the friends to make up the difference.

Contributed by Roberta Patterson



## SUNSHINE

Part of my responsibility as Sunshine Chairman is to send TOY blocks to guild members who need get well wishes, sympathy thoughts, etc. Because of the size of our guild I don't/won't always know when these situations arise, so please help me out by giving me a call (540-867-9486) or an email ([ceshank@gmail.com](mailto:ceshank@gmail.com)) so that I can send out blocks. Thanks for your help!

Carolyn Shank

### DEADLINE FOR NOV. NEWSLETTER

October 22, 2010

Vicki Graham  
4142 Traveler Road  
Harrisonburg, VA 22801  
540-433-9877

E-mail: [grahamvl@comcast.net](mailto:grahamvl@comcast.net)



## COMFORT PILLOWS/TOTES

Thanks to John Hammel for making our Cancer Pillow Challenge chart. We have projected that this year we'll need to provide 350+ comfort

pillows and totes to the 3 regions we supply. You made 34 in September--great job! Keep up the good work! Winchester is requesting 50 more p/t and Augusta Health, 25, in October. Winchester's distribution area has expanded greatly; therefore, the greater need. You made 17 p/t with the male patient in mind and most can be used for male or female. Just a reminder we reuse the gallon bags and instruction sheets, so please continue to return those.

October is Breast Cancer Awareness Month. Remember to wear PINK to show our support.

Coming at the October meeting: Annika Dean, from the American Cancer Society, Harrisonburg, will speak. There will be door prizes and information pertaining to BC Awareness Month.

Most of us have been impacted by breast cancer in some way, either personally, friends, family or neighbors. Be good to yourself! Do a monthly self breast exam, have a yearly breast exam and mammogram, and follow up on any symptoms.

Sue Jones, a committed advocate on behalf of breast cancer awareness in memory of my sister, Patty Merritt



## WAYS & MEANS

Thanks to all who bought raffle tickets at the September meeting. We raised \$70.

A special thank you to Barbara Cline for donating her new book "Star Struck Quilts" as a door prize.

If you have any contributions for raffles or door prizes, please see me at the meeting.

Thanks,

Denise Rudolph



**HAPPY BIRTHDAY!**

The following Guild members are having a birthday in October or November:

Jane Hicks	10/1
Iris McCarthy	10/5
Beth Wampler	10/6
Gae Baker	10/7
Alice Zuidema	10/10
Lori Abbott-Herrick	10/11
Frances Ritchie	10/11
Sophia Cliffe	10/12
Janet Dixon	10/12
Cheryl Hawes	10/20
Suann Edwards	10/27

Dorothy Harper	10/26
Kathleen Chunta	10/29
Mary Ellen Langensiepen	10/29
Barbara Call	10/30
Jude McLaughlin	10/30
Beverly London	10/31
Carol Ervin	11/3
Dianne Reasons	11/3
Phyllis Hollowell	11/4
Celia Mitchell	11/5
Elizabeth Adams	11/7
Susan Browning	11/11
Rachel Herrick	11/13
Carolyn Hardy	11/15
Phyllis Liskey	11/21
Barbara Cline	11/28

To everyone having a birthday in October or November, have a wonderful birthday!



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(540) 828-2879

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## 2012 QUILT SHOW OR NO QUILT SHOW

Connie Broy and Sally Jones have been appointed as the Co-Chairpersons for the next quilt show. As we move beyond our quilt show from 2010, there are a few questions that the members need to think about. Please respond to this survey by responding to either Connie's e-mail ([clbroy@shentel.net](mailto:clbroy@shentel.net)) or Sally's e-mail ([sallygee@shentel.net](mailto:sallygee@shentel.net)) or writing down your answers and bringing them to the next meeting (October 16<sup>th</sup>) and giving them to Connie or Sandie (our president).

- 1) This question will lead the course of action: Will you support a quilt show for 2012?
- 2) If you would like to see the guild put on another show:
  - A) Should there be voting? By viewers? By members?
  
  - B) Should there be ribbons in each category? Or just one for best in Show? Other ideas?
  
  - C) Is there any other time during the year that would be better for presenting the quilt show?
  
  - D) We would welcome ideas for locations to be "scouted out" for not only the 2012 show (if you want one) but future shows.
  
  - E) What times on Saturday should the show be open for viewers, 9 A.M. til 6 P.M., 9 A.M. til 5 P.M., 10 A.M. til 6 P.M., 10 A.M. til 5 P.M., other time suggestions?
  
  - F) If you think that we should table the quilt show, what other suggestion (s) do you have as to money making projects for the guild, to support our programs and classes?

Your responses are important, as this is your guild.  
Thank you. Connie & Sally

**SVQG BOARD MEMBERS**

President Sandie Hammel  
 President-Elect Sally Jones  
 Secretary Norma Harris  
 Treasurer Cerise Haas  
 Program Coor. #1 Fran Miller  
 Program Coor. #2 VACANT  
 Immed. Past President Barbara Linzey

Ways & Means Denise Rudolph  
 Education Molly Toth  
 Library Kathy Christy  
 Service The Eager BEEvers  
                   Comfort Pillows Sue Jones  
 Quilt Show Connie Broy and  
   Sally Jones  
 Sunshine Carolyn Shank

**SVQG STANDING COMMITTEES:**

Nominating Sally Jones  
 Newsletter Vicki Graham  
 Membership John Hammel  
 Publicity Lou Emswiler  
 Historian Roberta Patterson  
 Hospitality Pauline Messier

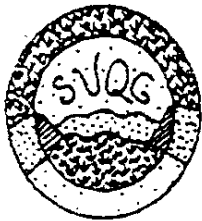
**SPECIAL DUTIES:**

NQA Liaison Sally Jones  
 VCQ Norma Harris  
 Web Master Roberta Patterson

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 To join the Shenandoah Valley Quilters' Guild, send \$20 Annual Dues to: Membership Chairman SVQG, PO Box 913, Harrisonburg VA 22803. The Guild year runs 4/1-3/31. Newsletter mailed - \$7.50/yr.

**PLACE OF MEETING--THE SUNNYSIDE ROOM, THIRD SATURDAY OF THE MONTH (UNLESS OTHERWISE NOTED) Time: 9:30 am**

**SUNNYSIDE PRESBYTERIAN RETIREMENT COMMUNITY, HARRISONBURG, VIRGINIA**  
 Take Exit 247 East off of I-81, proceed east on US 33 to intersection with Route 687 (Massanetta Springs Road,) turn right on Route 687, proceed south 0.8 mile, turn left at second Sunnyside entrance. Go to the **Sunnyside Room** that's the building at the bottom of the hill, to the left of the Highlands Building. Parking is available on the street and in lots but **DO NOT PARK IN THE NUMBERED SPACES**. These numbered spaces are for residents. Please observe the 15-mph speed limit while on the grounds of Sunnyside.



Shenandoah Valley Quilters Guild  
 P.O. Box 913  
 Harrisonburg, VA 22803