

# SHENANDOAH VALLEY QUILTERS GUILD NEWSLETTER

## Notes from the President

A few short months ago, I don't think anyone had heard of the term "social distancing." Today, it's our life. So much of what makes up our individual daily lives has changed. Many of our social groups, like SVQG, have stopped. These changes are difficult, but embracing them for the health of society is what is important. As a guild, we will continue to support each other and our work, and do it within the new guidelines that have been set.

With that said, let's take a minute to reach out to one another individually. Consider picking up the phone and checking in on another guild member. At our monthly meetings, I enjoyed seeing everyone and not being able to do that has been hard. A significant part, the social part, of each of our lives is missing. Perhaps a phone call to at least one of the members would help.

To those who are making face masks for the many healthcare workers in need. (Sunnyside has requested them.) Good for you!

Let's all encourage and support one another. Keep quilting but most of all, stay healthy while quilting. One day at a time.

See you all soon,

Teresa Yonce  
President

## CALENDAR

### May

16 SVQG Mtg., 9:00am,  
Sunnyside, Service

### June

12 Brimfield Awakening,  
Workshop at 350 Spotswood  
Drive, Lexington, VA, 10:30am

13 Brimfield Awakening,  
Lecture and Trunk Show, 350  
Spotswood Drive, Lexington,  
VA, 9:30am

20 SVQG Mtg., 9:00am,  
Sunnyside, TBA

**Stay Calm  
and Sew On**

### April Birthdays

Thurston Bechtel	7th
John Hammel	13th
Deborah Smiley	19th

April 2020

## PROGRAMS

Currently the programs for our Guild are on hold until we know the status of when we can resume our regular meeting times. Both Jane Hicks and Shannon Shirley, our presenters for March and April are willing to reschedule based upon their schedule. In the meantime, we have an exciting opportunity coming to us through the Rockbridge Pieceworkers Guild.

*English Paper Piecing with Brimfield Awakening*

**Who:** Brimfield Awakening

**Where:** with Rockbridge Pieceworkers Quilt Guild (350 Spotswood Drive Lexington, VA

**When:** Friday, June 12<sup>th</sup> 10:30 AM (6-hour workshop)

Saturday June 13<sup>th</sup> 9:30 AM (Lecture and Trunk Show)

**Cost:** Workshop: \$40.00 and \$19.00 kit fee (purchased at the workshop or from BA prior to the workshop) and your fabrics and thread (supply list sent to you with paid workshop fee). Additionally, lunch is also available for \$10.00.

Please note this workshop limited to the first 15 PAID SVQG attendees. Please send a check for \$40 workshop fee and \$10 for lunch (if interested). The check should be made payable to Rockbridge Pieceworkers' Quilt Guild (RPQG) and mailed to Terry Wiita, 410 McCOY Lane, Stanley VA 22851. I will be collecting the fees for our guild members. I will send you the supply list via return e-mail (please include your email) or postal mail. Any questions, please call Terry Wiita at 276-252-9909.

## WAYS AND MEANS

Since life has drastically changed for the time being, here are some of the ways I'm dealing with it. My husband and I are staying close to home. A challenge for me is to grocery shop once a week, after shopping almost every day in past years. We make nutritious menus and do one good size meal daily, at noon. We live in a great neighborhood so since I love to cook and bake, we make extra and share. I contact one or two friends each day by e-mail or phone to touch base. We spend time outside each day and have some great walks.....spring has sprung! I've repotted plants, cleaned out cabinets and drawers.

Most importantly, I've finished a quilt top, cut out patriotic fabric for a hospice quilt, made up numerous pillows & totes kits and spent time in my favorite place, every day, my sewing room!

I'd like to share with you a favorite family recipe, pure comfort food. Easy to fix, few ingredients and it gets better the longer it sits. Enjoy!

### **Goulosh**

Cook 1 medium onion in bacon fat (I use olive oil) until the edges of onion start to brown. Add 1 1/2 lbs. hamburger, crumbled coarsely into onion and cook until hamburger changes color. Add 1 can tomato paste, diluted with 1 can water and 1 can tomato soup, undiluted. Sprinkle 1 1/2 T. chili powder, 1/4 t. salt and pepper in sauce. Cook to medium consistency. Cook 2 cups macaroni (I use medium shell). Drain and rinse. Be sure

April 2020

all of water is drained out, then add macaroni to sauce, turn heat very low and let simmer for approx. 10 minutes. Turn heat off and let set so macaroni will absorb flavor of sauce, stir occasionally. Eat.

We'll be back to guild, hopefully sooner rather than later and we have some packed full baskets for raffles. Be safe and well!

Submitted by Sue Jones, co-chair,  
with Sandie Hammel, co-chair, Ways & Means

## **SERVICE**

I hope everyone is surviving the confinement. I see on Facebook that some of you are working on the face masks. That is great!!! Patchwork Plus has a video and addresses that need these masks.

For those that have run out of elastic and bias tape! Keep working on those quilt tops. The sizes are 36" to 60" width and 45" to 60" length. We will eventually get back together so we can get those tops quilted.

For those wanting to have time to tackle that stash you now have it!!

Sewing alone,  
Denise Rudolph

## **SHELTERING IN PLACE**

From the patchwork Facebook page:  
We've had another request for face masks from:

Sunnyside Retirement Community  
Attn: Karen Riley  
3935 Sunnyside Drive  
Harrisonburg, VA 22801

Masks might be a good donation project.  
Nina

Hello Friends!

Please email me pictures of your quilts and I will post them on our Facebook page. If you have photos of Guild Show and Tell I'd love to feature them also.

I am working on a new brochure for the guild. If you have suggestions or want to help please contact me.

Keep Calm and Sew On,

Lori Abbott-Herrick

[Laherrick@gmail.com](mailto:Laherrick@gmail.com)

April 2020

## **NEWSLETTER**

The deadline for the May newsletter is Friday, April 24th at noon. Please email any items to [grahamvl@comcast.net](mailto:grahamvl@comcast.net).

Vicki Graham, Newsletter Chair

## **MEMBERSHIP**

Goodness gracious, hope all are well and sewing up a storm to keep you sane.

Reach out and touch someone (figuratively, not literally) and let folks know that all is well with you and that you are thinking of them. The Membership List has been emailed or snail mailed to all members depending on how you receive your newsletter. Use it to email, call or write your fellow Guild members and wish them a blessed day. What with most of us staying put, a little extra keep-in-touch can't hurt and will probably brighten someone's day.

Sandie and I are well and staying in and trying to do a few sewing projects to keep out of trouble. Once a week or so, we take a short ride around to make sure the country is still there. One nice thing is that Mother Nature has sure put on a nice floral display this Spring. That helps to brighten our day.

Looks like we won't be having a Quilt show this June. I think that everyone should make up their entry and we'll show them off at our first back-together Guild meeting with a fantastic Show-and-Tell. Our own in-house Quilt Show. Could be exciting.

Everyone stay safe and if you need help, call somebody and let us know.

P.S. If you notice any changes that need to be made with the Membership List, let me know and I'll send out a correction.

I'm thinking of all of you and hope to see you soon as possible.

Happy Quilting!

John Hammel, Membership Chair

April 2020

**Board Members:**

President	Teresa Yonce
President-Elect	Jane Crockett
Secretary	Cerise Haas
Treasurer	Nina Jackson
Program Coor #1	Terry Wiita
Program Coor #2	Linda Puhle
Immed. Past President	Debbie Jungling

**Special Duties:**

Web Site Liason	Sandie Hammel
SVQG/VQM Liaison	Trudy Van Dyke
Quilt Show Chairperson	Debbie Jungling

**Committee Chairpersons:**

Service	Denise Rudolph
Ways & Means	Sue Jones and Sandie Hammel
Membership	John Hammel
Sunshine	Barbara Paulson
Hospitality	Linda Quintrell, Deborah Smiley and Shelba Bellamy
Publicity	Lori Abbott-Herrick
Newsletter	Vicki Graham

To join the SVQG, send \$25 annual dues and application to PO Box 913 Harrisonburg, VA 22803

**PLACE OF MEETING:** Sunnyside Room, Sunnyside Presbyterian Retirement Community, Harrisonburg, VA

**DATE OF MEETING:** Third Saturday of each month unless otherwise notified

**TIME OF MEETING:** 9:30 AM

**DIRECTIONS:** From I-81 take Exit 247 towards Elkton (Route 33 East). Turn right on Route 687, Massanetta Springs Road. Proceed south for 0.8 miles and turn left onto Sunnyside Drive. Proceed straight and turn right onto Glenside Drive. Turn right at the first parking lot and the Sunnyside Room is on your right. Parking is available in front and below the building and on the street. Please do not park in the numbered spaces.

**SHENANDOAH VALLEY QUILTERS GUILD  
PO BOX 913  
HARRISONBURG, VA 22803**