

SHENANDOAH VALLEY QUILTERS GUILD NEWSLETTER

Notes from the President

Seasonal Favorites

Some of my favorite days of the year are during the fall and winter months.

Thanksgiving is my favorite family occasion. This year, even though our circle around the holiday table is limited to our household, I will still enjoy putting out our good dishes and fixing our favorite foods. Where two or three are gathered, there is joy.

After Thanksgiving, the annual Bonnie Hunter mystery begins. Each year I enjoy the anticipation of each Friday's clue and working through peaceful hours of sewing and watching the piles grow. Although I don't know where it will all end, I trust the designer and the process. That is the secret to enjoyment, willingness to go forward without knowing the outcome and having trust.

While I am not an enthusiastic shopper, and do not miss going out in crowds and the rush in and out of stores looking for bargains, I enjoy the lights and colors of the holidays and the excitement of our grandchildren over anticipated gifts. I will make some purchases online because that is the safer choice this year. Hopefully, there will also be opportunities to support local businesses and to provide gifts for other families who may need a little help. For after all, the joy comes from giving, not shopping.

And there is nothing that compares to the peace of winter days reading, piecing and quilting, listening to music, and having the time to think about the gifts and meaning of this very special time of year. I hope the coming season finds you all well and celebrating with peaceful hearts.

Jane Crockett

CALENDAR

November

30, and Dec. 7, 14, 21, 28 –
Bonnie Hunter Mystery Tour, 7
pm

December

3, 10, 17, 24?, 31 – Zooming
with Friends, 1-3 pm

19 – Holiday Zoom Party, 10
am

February 24 – 27 - Mid-Atlantic
Quilt Festival, online at
www.quiltfest.com

December Birthdays

Lois Johnson	13th
Linda Quintrell	13th
Nellie Pitcock	18th
Charlene Burrell	19th
Jan Hood	21st

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For a treat here is one of our favorite holiday cookie recipes:

Coconut Macaroons

Preheat oven to 325

Combine:

1 1/3 cup flaked coconut

1/3 cup sugar

2 Tablespoons flour

1/8 tsp. salt

2 large egg whites

1/2 tsp. vanilla

Drop by teaspoons onto a cookie sheet lined with parchment paper.

Bake 18-20 minutes until lightly brown. Cool on wire racks.

SERVICE

We had our fall collection in the HEC parking lot on November 21. This is just what you have to do during Covid!! We collected 144 Hospice quilts, 2 patriotic pillow cases and 8 breast cancer pillow/totes. This puts our total for 2020 at 360 quilts!!! Thank you to all those who helped to bag up and deliver quilts. A big thank you to my parents who have been the relay station so we can keep service going. We have managed to make all of this work and continued to do good. You guys are awesome!!

Since we started giving to Hospice in 2012 we have donated 2,168 quilts. During that time we have also given 39 quilts to Project Linus, Foster Kids Camp and Healthy Starts bringing the 8 year total to 2,207 quilts. I do not have an older book for Service so I am not sure how many quilts we have given during our history, but we can definitely be proud of our community support.

Just a reminder on sizes – 40” to 60” width, 45” to 60” length. If you only want to make the top, I will quilt and get it back to you for binding. I have double wide backing and it has really been a lot faster for me if you do not provide backing and I can put two quilts on at a time. Please make sure to put your name on each quilt because I sort the quilts based on backing and thread color. I will start collecting tops in January so you can leave them with my parents then.

If you need a break from quilting, the breast cancer pillow and tote supplies are getting low. The instructions are on our website. I do have kits, let me know if you need and I can see how to get them to you.

Quilters are the best!!!! Happy holidays to everyone!

Sewing for Service

Denise Rudolph

Service Chair

WAYS AND MEANS

Won't you join our Apple themed challenge? Maybe a project for the New Year? The challenge was announced a couple of months ago and the tentative completion date for all entries will be April 17th. We

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would like our show and tell to be in person but it may be on Zoom. We'll figure it out! The sign up form is in this newsletter. We will vote on the winner and the winner will receive an Apple themed basket full of goodies.

This year has been unlike any we've experienced before so my husband, David and I have decided to challenge each other to do something neither of us has attempted before. Don't laugh.....we are making gingerbread houses. When they are complete and if they look decent, I'll send a photo to you. This seems like the right year to do what we consider, for us, to be "outside the box". What can you do that is outside your comfort zone? Or perhaps start a new tradition for you.

"Love, Norma"

Norma Harris, long time guild member passed away in 2017. Her family found boxes of letters she had written to her mom when she left Portland, Oregon, after college, to take a job with the CIA in Washington D.C. The letters spanned from 1958 until the 70's. Norma's daughter, Molly Boose, decided to compile a book of these letters and photos. These letters shared details of adventures and romance. The book was recently published and is being sold on Amazon. It is a 300+ page book. For those of us who knew Norma, you may be surprised at what you learn. It is called, "Love, Norma". I've read it... it's an easy read. This book could be a gift to yourself!

Looking forward to meeting again. Have a wonderful holiday season.

Be safe!

Ways and Means co-chairs,
Sue Jones, Sandie Hammel

APPLICATION FORM - SVQG Apple Challenge

Challenge due date is April 17, 2021 at our April Guild meeting (in person or on Zoom)

Challenge to create an Apple themed 18" x 18" wall quilt or an Apple themed table runner any size. For each entry you will have a chance to win a basket filled with Apple themed goodies. Use your imagination to create a unique one of a kind creation. Appliqué, confetti, embroidery, paint, piece, multimedia, etc.

Member Name: _____

Phone or Email: _____

Date Submitted: _____

Name and Description of your entry:

Mail or email your application form to be received before April 10th to Sue Jones 209 Brandon Circle, Waynesboro, VA 22980 or dejbowsandskjquilts@hotmail.com.

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ZOOM OPPORTUNITY

You are invited to join a Zooming with Friends sewing group. All are welcome no matter skill level or interest. We will meet on Thursdays from 1-3 PM.

If you're interested, please email me at laherrick@gmail.com.

I hope to see you there,

Lori Abbott-Herrick

ZOOM PARTY

Ladies and Gents, please watch your snail mail for the invite to our "cozy at home" virtual Zoom party and meeting. Please join us and if you don't have a computer or internet access, try to get with a friend who does so that we can include as many as possible in this end of the year celebration. It will be so nice to see faces again, even if you have to wear a mask! I'd like everyone to share a quilt or two for an online show and tell.

Debbie Jungling

NEWSLETTER

The deadline for the January newsletter is **Thursday**, December 24th at noon. Please email any items to grahamvl@comcast.net.

Vicki Graham, Newsletter Chair

PROGRAMS

I hope to see all of you for our virtual Christmas get together in December. Debbie Jungling, our acting Past President has planned a splendid holiday event. More information about this Zoom event will be coming to you via the USPS the first week of December.

I have a grand line up of programs for 2021--- Covid-19 BE GONE!!!

In **January**, Jaimie Davis of Loopy Tulip Designs, Oregon will present a lecture on "The History and Mystery of Baltimore Album Quilts". According to Jamie, "The history of Baltimore Album quilts is a fascinating journey into an America headed for the Civil War. Discover how the industrial revolution, the struggle over slavery and the social and moral climate of the time contributed to this beautiful art form." According to her, there is a true reason why this "art disappeared almost overnight" and she is going to tell us all about it. I hope I have intrigued you enough to star January 16 at 9:30 (for our general meeting, lecture to follow) on your calendar.

In **February**, Rose Parr of Healthy Quilting, Ontario Canada will present a lecture, "Sew Smart – The Ergonomics of Healthy Quilting. Rose states that her idea of "healthy quilting consists of two things: ergonomics and machine maintenance. Ergonomics allows us to work comfortably and efficiently. Machine maintenance refers to the most expensive piece of equipment in your sewing room – YOU." Rose Parr, an award-winning quilter will provide tips on nutrition to reduce inflammation, stretches and strength training all to help the quilter stay pain free. Her book, [Sew Healthy & Happy: Smart Ergonomics, Stretches, and More for Makers](#) is available for preorder from Amazon and due to be released March 25, 2021. Do something to maintain your best self and Zoom with us on February 20 at 9:30 (for general meeting, lecture to follow).

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In **March**, our own SVQG member and quilter extraordinaire, Barbara Cline will provide a workshop on the Sampler Project, found on page 17 of her new book, Diamond Star Quilts. We are hoping to offer this in an in-person format at the Dayton Mennonite Church on **Friday, March 12**. More information about this workshop will be available at the January meeting and in the February newsletter. The March meeting will be held on **Saturday, March 20** and Barbara Cline will present the program.

I am still working out the details of our April program and on May 15 we will have our regular Service program meeting. Our June meeting will bring a fieldtrip to Green County to see some of the lovely Barn Quilts that Community has created to enhance the barns, buildings and homes. The tentative plan is to do a semi-guided caravan driving tour on Friday, June 18 (a map will be provided). On Saturday, one of the masterminds behind the creation of Virginia's Largest Barn Quilt Trail will speak to us about the creation of The Blue Ridge Barn Quilt Trail, in Greene County, VA. July 17 is the tentative date for the auction. The last five months of the year are still in the planning stages. I am looking forward to a great year filled with exciting programs offered by Shenandoah Valley Quilt Guild. I hope you will enjoy these events with me!

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Board Members:

President	Vacant
President-Elect	Jane Crockett
Secretary	Cerise Haas
Treasurer	Nina Jackson
Program Coor #1	Terry Wiita
Program Coor #2	Linda Puhle
Immed. Past President	Debbie Jungling

Special Duties:

Web Site Liason	Sandie Hammel
SVQG/VQM Liaison	Trudy Van Dyke

Committee Chairpersons:

Service	Denise Rudolph
Ways & Means	Sue Jones and Sandie Hammel
Membership	John Hammel
Sunshine	Barbara Paulson
Hospitality	Linda Quintrell, Deborah Smiley and Shelba Bellamy
Publicity	Lori Abbott-Herrick
Newsletter	Vicki Graham

To join the SVQG, send \$25 annual dues and application to PO Box 913 Harrisonburg, VA 22803

PLACE OF MEETING: TBA until further notice

DATE OF MEETING: Third Saturday of each month unless otherwise notified

TIME OF MEETING: 9:30 AM

SHENANDOAH VALLEY QUILTERS GUILD
PO BOX 913
HARRISONBURG, VA 22803